In The Name of GOD

**CV**

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**Assistant professor of Medical Surgical Nursing**

**M.Sc of Medical Surgical Nursing**

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**Date of Birth**: 1967/12/05

**Education History:**

BScN:Tehran University of Medical Sciences

MScN:Mashhad University of Medical Sciences

PhD: University of Social Welfare and Rehabilitation Sciences (Tehran)

PhD thesis: Describing and designing a model for the process of spiritual care in rehabilitation of cancer patients

**Thesis:**

Supervised:

Mohammadpourhodki R. Survey the comparison of peer education and nurse education effect on anxiety and felf-efficacy in patients with myocardial infarction

Ahmadidaresima S. Effectiveness of teach-back self-management training program on happiness and uncertainly feeling of breast cancer patients

Dindar M. The effects of spiritual self-care training on caregiving strain in mothersʼ of intellectual disability children

Co-Supervised:

Pakmehr M. Phenomenological identification of the patientʼs experience during hospitalization in intensive care units

Shaybak E. Effect of Reiki energy on pain management in patient after Coronary Artery Bypass Graft

Saeedinezhad F. Living with Vitiligo

**Research History:**

**Papers published in International Journals:**

1-Title: A Comparison of Hospital Stressors and their Related Factors: From the Perspective of the Cardiac and Internal Wards ’ Patients

Journal ,VOL,NO:International Journal of Pharmaceutical and Clinical Researc 2016; 8(1): 80-85.

2-Title: Religion as an Alleviating Factor in Iranian Cancer Patients: a Qualitative Study

Journal , VOL,NO: Asian Pacific Journal of Cancer Prevention 2015; 16(18):8519-8524.

3-Title:Iranian cancer patients’ perception of spirituality: a qualitative content analysis study

Journal ,VOL,NO: BMC Nursing 2012; 11(19):1-8.

4- Title:The Relationship between Anxiety and Coping Strategies in Family Caregivers of Patients with Trauma

Journal , VOL,NO:Journal of Clinical and Diagnostic Research 2017;11(4):1-4.

5- Title: The Effects of Spiritual Self-Care Training on Caregiving Strain in Mothers of Mentally Retarded Children

Journal ,VOL,NO: Journal of Clinical and Diagnostic Research 2016;10(12):QC01-QC05.

6- Title: The Effect of Reiki Energy Healing on CABG Postoperative Chest Pain Caused by Coughing and Deep Breathing

Journal , VOL,NO: Indian Journal of Public Health Research & Development 2017; 8(2): 310-315.

 7-Title: Lived Experience of Intubated Patients: A Phenomenological Study

Journal ,VOL,NO: Indian Journal of Public Research & Development 2017. 8(1): 286- 291.

8-Title: Effectiveness of Teach-Back Self-Management Training Program on Happiness of Breast Cancer Patients

Journal , VOL,NO: Asian Pacific Journal of Cancer Prevention 2016. 17(10): 4555- 4561

9- Title: Investigating the Relationship between Caregiver Burden and Demographics among the Mothers of Chidren with Intellectual Disability

Journal , VOL,NO: Der Pharmacia Lettre 2016, 8 (16):57-61

Title: The challenges facing with vitiligo: a phenomenological research -10

Journal , VOL,NO: International Journal of Pharmaceutical Research & Allied Sciences 2016. 5(3): 356-364

11- Title: Knowledge, attitude and use of complementary and integrative health strategies: a preliminary survey of Iranian nurses

 Journal ,VOL,NO: Journal of Integrative Medicine 2016. 14(2): 121-127.

12-Effects of Reiki energy therapy on saphenous vein incision pain: Arandomized clinical trial study

Journal , VOL,NO: Der Pharmacia Lettre 2017. 9(1): 100-109.

13- Title: The essence of rehabilitation in Iranian cancer patients: Aqualitative content analysis approach

Journal ,VOL,NO: Indian Journal of Health and Wellbeing 2011. 2(5):1037-1041

-14-Title: An Evaluation of Happiness and Factors affecting it in Patients Diagnosed with Breast Cancer

Journal , VOL,NO: Der Pharmacia Lettre 2016. 8(13): 305-310

Title: Spiritual growth following mechanical ventilation: A phenomenological study -15

Journal , VOL,NO: Der Pharmacia Lettre 2016. 8(20): 95-99

16- Title: From love and fidelity to infidelity- Individual experiences of women with breast cancer regarding relationships with their spouses

Journal , VOL,NO: Asian Pacific Journal of Cancer Prevention 2017, 18(10): 2861-2866.

17- Title: Group spiritual care impact on resilience of multiple sclerosis patients in the multiple sclerosis society of Zahedan

Journal ,VOL,NO: Medical Science 2018, 22(89): 58-64.

18- Title: The effect of self-care education based on the Orem’ s model on depression in patients with B-Thalassemia major: A semi-experimental study

Journal ,VOL,NO: Medical Science 2018, 22(89): 52-57.

19- Title: Experience of nurses in hemodialysis care: A phenomenological study. Journal ,VOL,NO: Journal of Clinical Medicine 2018, 7(2):E30

20-Title: Comparison of effect of nursing education and peer education methods on self-efficacy in patients with myocardial infarction

Journal ,VOL,NO: Modern Care Journal 2018

21-Title: Investigating the effect of stress management skills training on perceived stress of family caregivers of patients with Heart Failure: A semi- experimental study. La Prensa MedicaArgentina 2018, 104(4): 1-4.

22-Comparison of the effect of Broccoli and Turmeric on the pain of joints in elderly patients with knee Osteoarthritis. Indo American Journal of Pharmaceutical Sciences 2017; 4(12): 4600-4609.

23-The investigation of the effect of Green Tea on the Iron overload in patients with Major Thalassemia under regular blood transfusion. Indo American Journal of Pharmaceutical Sciences 2017; 4(12): 4664-4671.

24-A comparative study on the effect of Pears and Psyllium poeder on triglyceride and HBA1C in patients with type 2 Diabetes. Indo American Journal of Pharmaceutical Sciences 2017; 4(12): 4658-4663.

25-The effect of self-care program based on Orem model on the self-esteem of patients undergoing hemodialysis. Medical Science 2018; 22(93): 462- 467.

26-Comparing the effect of tracheal tube suction using open and closed methods on hemodynamic indexes of COPD patients under mechanical ventilation. Medical Science 2018; 22(94): 539- 543.

27-The employed women’s experience of spousal violence: A qualitative study. Medical Science 2018; 22(94): 560- 565.

28-Assessment of the level of uncertainly and the factors affecting it in Iranian patients with Breast Cancer. La Prensa Medica Argentina 2018; 104(5): 1-5.

29-Effect of training rhythmic breathing on the blood pressure of Hypertensive patients. . La Prensa Medica Argentina 2018; 104(5): 1-4.

30-The effect of self-management education by the Teach-Back method on uncertainly of patients with breast cancer: A Quasi-Experimental study. Journal of Cancer Education 2019: 1-7.

31-The familial experiences of women with breast cancer referring to chemotherapy clinic: A qualitative study. Clinical Cancer Investigation Journal 2019; 7(6): 210-216.

32-Knowledge, Attitude and practice of pharmacists and nurses towards adverse drug reaction- A cross sectional study. J. Evolution Med. Dent. Sci 2019; 8(22): 1804-1807.

33-Experiences of spouses of women with breast cancer: A content analysis. Asian Pacific Journal of Cancer Prevention 2019; 20(10): 3167-3172.

34-Living in stillness, the experience of men with Spinal Cord injury in the first five years after the injury- A content analysis study. J. Evolution Med. Dent. Sci 2019; 8(43): 3234-3239.

35-The impact of individual motivational interview based on self-care and efficacy of Type 2 Diabetic patients. J. Evolution Med. Dent. Sci 2019; 8(46): 6808-6812.

36- The effect of resilience training on quality of Work Life (QoWL) and job stress of nurses in emergency department of Shahid Mohammadi hospital in Bandar Abbas in 2018 J. Evolution Med. Dent.2018; 8(42)

37- The effect of self-care program based on Orem model on the self-esteem of patients undergoing hemodialysis Medical Science 2018; 22(93)

38- Struggling to get through the bitterness of life- An experience of women with Spinal Cord injury in the first 5 year after injury- A content analysis study J. Evolution Med. Dent.2020; 9(29)

39- The effect of teaching the principles of nursing on the moral turmoil of nurses: A qusi-experimental study Medycyna Paliatywna 2021; 13(1)

40- COVID-19 nurses’ experiences of caring: A qualitative study

Medical studies 2020; 36(4)

41- Concept analysis of spiritual nursing care: a hybrid model

Medycyna Paliatywna 2020; 12(4)

42- Experiences of spouses of women with Breast cancer: A content analysis Asian Pacific Journal of Cancer Prevention 2019; 20(10

43- The effect of self-management education by the Teach-Back method on uncertainly of patients with Breast cancer: A quasi-experimental study Cancer Education 2019, DOi: 10.1007/613187-019-1474-5

44- The effect of family-centered education on the care burden of family caregivers of the elderly with cancer: A quasi-wxperimental study Asian Pacific Journal of Cancer Prevention 2022; 23(3)

45- Nursing care based on the support-based spiritual care model increases hope among women with breast cancer in IranJournal ,VOL,NO

46- Description of community health nursing education process during training and field training courses: A qualitative study

Polish Annals of Medicine 2021; 28(1)

47- The effect of multisensory stimulation on weight gain in premature admitted to the intensive care unit: A clinical trial study

Romanian Journal of Neurology 2021 20(1)

48- Qualitative analysis of nurses’ experiences during the COVID-19 crisis JHealth Education and Health Promotion 2021; 9(3)

49- The effect of group spiritual care on hope in patients with multiple sclerosis referred to the MS society of Zahedan, Iran

Neuropsychiatria i Neuropsychologia 2021 ; 16 3-4

50- The effect of resilience training on the occupational stress of nurses in the emergency department. Psychiatria 2020

51- Lived experiences of burn patients: A content analysis study

La Prensa Medica Argentina 2020 106 (6)

52- An investigation into the impact of Orem’s self-care program on life satisfaction in hemodialysis patients: A clinical trial study

Med Surg Nurs J 2018; 7(4)

53- Family experiences about women with breast cancer: A content analysis study.J Nurs Explor 2021 1(1): 25

54- Family experiences of burn patient: A content analysis study

J Nurs Explor 2021; 1(1)

55- Comparison of rinsing with chlorhexidine and matrica mouthwashes on the ventilator-associated pneumonia

Romanian Journal of Military Medicine 2022; 125(2)

56- Burn patients’ experiences of hospitaihzation:A content analysis

Journal of Qualitative Research in Health Sciences 2022; 11(2)

57- Patient’s resilient efforts in the rampage of coronavirus experiences of COVID-19 patients: A qualitative study Acta Neuropsychologica 2022

58-Prevalence of COVID-19 anxiety, geriatric anxiety, and related factors among the elderly in Quchan, Iran during the COVID-19 pandemic: A cross-sectional study. Psychogeriatrics 2023

59-Experiences of family members when accompanying patients in intensive care units: A qualitative study. Nursing 2024

60-Predictors of death in hospitalized elderly patients with COVID-19 in Mashhad, Iran, in 2021: A historical cohort study. Journal of Integrative Nursing 2023

**Papers published in Iranian Journals:**

1-Title: A comparison of the effect of training by peers and nurses on anxiety in patients with myocardial infarction: A randomized control trial

Preventive Care in Nursing & Midwifery Journal 2016; 6(3):12-23.

2- Title: The effects of Imposed War on Iran’s nursing: A historical research

Journal of Military Medicine 2015; 17(3): 127-136.

3- Title: Study of the mental health status of dormitory students in university of Social Welfare and Rehabilitation Sciences

Iranian Journal of Nursing Research 2013; 8(3): 18-26.

4-Title: Study of the relationship between self-care and depression in Type 2 diabetic patients referring to the diabetes research center

Quarterly Journal of Sabzewar University of Medical Sciences 2002; 9(2): 4-10.

5- Title: Study BMI and demographic variables in pregnant women with gestational diabetes

Journal of Diabetes Nursing 2015; 3(3):42-50.

6- Title: The effect of increasing blood flow rate on complications and dialysis in hemodialysis patients with low KT/V

Iranian Journal of Nursing Research 2010; 5(17): 62-67.

7- Title: Designing a model for spiritual care in rehabilitation cancer patients

Medical-Surgical Nursing Journal 2014; 3(2): 61-70

8- Title: Cancer patients’ perception of spiritual care

Medical Ethics and History of Medicine 2012; 5(3): 64-80

9- Title: Nursing students’ experience of clinical education setting

Medical-Surgical Nursing Journal 2015; 4(2): 42-56.

10- Title: The process of spiritual care in rehabilitation of cancer patients: A Grounded Theory Study

Medical-Surgical Nursing Journal 2015; 4(3): 1-12.

11- Title: Survey of mental health status in nursing of midwifery students

Mashhad University of Medical Sciences Journal 2003; 5(15& 16): 79-86.

12- Title: The menstruation health status of high school girls in Zabol 2004

Dena Journal 2007; 1(2 & 2): 11-17

13-Title: Impact of individual motivational interview based on self- care on the treatment adherence of type 2 Diabetic patients. Journal of Diabetes Nursing 2019; 7(3): 820-829.

14-An investigation into the impact of Orem’s self-care program on life satisfaction in hemodialysis patients: A clinical trial study. Med Surg Nurs J 2018; 7(4): e88795.

 **International Conferences:**

**Title:** Concerns of Iranian cancer patients: A Pilot Study

4th Trhran Breast cancer conferences 2011

Lecture presentation

**Title:** Survey the knowledge, attitude and practice of Iranian nurses about Complementary/Alternative Medicine

The First International Congress of Complementary and Alternative Medicine (Oct 2015) (Mashhad)

Poster presentation

**Title:** The effect of foot reflexology on fatigue in patients under hemodialysis

The First International Congress of Complementary and Alternative Medicine (Oct 2015)

(Mashhad)

Lecture presentation

**Title:** Nursing role in spiritual careing of Cancer patients

3th International Congress of Supportive and Palliative care in Cancer (Dec 2010)

Poster Presentation

**Title:** A Pilot Study of Iranian Oncology Nurses Experience of Giving Care in Hospital

1st NUS- NUH International Nursing Conference, Positioning Nursing for the Future Advancing Nurses Role in Community and Home Care (Nov 2011)

Poster Presentation