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Work experience

Vice President for Student and Cultural Affairs

February 2014 — Present

Zabol University of medical science

Editor in chief of Journal of Diabetes Nursing (JDN)

Zabol University of medical science May 2011 — Present

Dean of the Faculty of Nursing and Midwifery August 2011 — August
2014

Zabol University of medical science

Education

MSc in Nursing
2007

October 2005 — October

Mashhad University of medical science

MS in Nursing October 1999 — October 2003

Zabol University of medical science

Interests

Diabetes, Hemodialysis

Publication

1. Shahdadi H, Poodineh MM, Bamari F, Khammari M, Mir E. Evaluation of Serum Magnesium Level in Patients with Type 2 Diabetes. *Journal of Diabetes Nursing*. 2014; 2:52-60.
2. Shahdadi Hosien, JahantighHaghighi, Maryam Abdollahimohammad, Abdolghani; et al. Effect of Ascending and Descending Stepwise Dialysate Flow Rate Profiles on Adequacy and Complications of Hemodialysis. *International Journal of Advanced Biotechnology and Research*, volume 8 issue 1 pages2017. 202-208
3. HoseinShahdadi, Abbas Balouchi, Zahra Sepehri, HoseinRafiemanesh, AwadMagbri, FereshtehKeikhaie, Ahmad Shahakzehi&AzizullahArbabiSarjou. Factors Affecting Hemodialysis Adequacy in Cohort of Iranian Patient with End Stage Renal Disease. *Global Journal of Health Science*; Vol. 8, No. 8; 2016.
4. Darban F, Balouchi A, Narouipour A, Safarzaei E, Shahdadi H. Effect of Communication Skills Training on the Burnout of Nurses: A Cross-Sectional Study. *Journal of Clinical & Diagnostic Research*. JCDR. 2016;10
5. Shahdadi H, Mazloun SR, Badakhsh M. Comparison of blood pressure in the supine and semi-Fowler's position during hemodialysis. *Iran Journal of Nursing*. 2010;23:8-13.
6. Balouchi A, Shahdadi H, Ahmadidarrehsima S, Rafiemanesh H. The Frequency, Causes and Prevention of Needlestick Injuries in Nurses of Kerman: A Cross-Sectional Study. *Journal of Clinical & Diagnostic Research*. JCDR. 2015;9.
7. Mansuri A, shahdadi H, Khammari M, Nooshirvani S, Nooshirvani H. Evaluation of the effect of vitamin C supplements on fasting plasma glucose and glycosylated hemoglobin in patients with type II diabetes. *J Diabetes Nurs*. 2016; 4 (3) :47-40
8. Shahrakivahed A, Masinaienezhad N, Shahdadi H, Arbabisarjou A, AsadibidmeshkiE, Heydari M. The Effect of CPR Workshop on the Nurses' Level of Knowledge and Skill. *International Archives of Medicine*. 2015;8.
9. H. Shahdadi, A. Balouchi, S. Taheri, F. Darban: Study effect of mint essence on pain, bloat and nausea in patients undergoing appendectomy. *Derpharmacia letter*, 2015,7(10:193-197.
10. hashemizs, badakhsh m, shahdadi H, heydari m, hashemi ns. The effect of massage on intensity and duration of labor pain in primigravida women in Zabol Amiralmoemenin Hospital. *Journal of zabol university of medical sciences and health services*. 2012; 4:81-9.
11. Shahdadi, Hossein, Reza MohammadpourHodki, Amin Ali Abadi, Ahmad Rezapour, and Amene Sheikh. "Evaluating the tendency to Use Drug among Students in the City of Zabol." *INTERNATIONAL JOURNAL OF MEDICAL RESEARCH & HEALTH SCIENCES* 5, no. 5 (2016): 239-242.
12. Shahdadi H, Roghaiyeh A, Allahyari J, Balouchi A, Bandan E. The Effect Of Participatory Management On Nurse Job Satisfaction. *International Journal of Pharmacy & Technology*. 2016;8(3):18879-87.
13. Shirani N, Balouchi A, Shahdadi H. The Relationship between Occupational Stress and Mental wellbeing Among nurses: Across-Sectional Study. *International Journal of Pharmacy & Technology*. 2016; 8(3):18898-907.

14. Shaermoghadam S, Shahdadi H, Khorsandvakilzadeh A, Afshari M, Badakhsh M. Comparison of the Effects of Foot and Hand Reflexology Massages on Stress and Anxiety in Candidate Patients Undergoing Upper Gastrointestinal Endoscopy. *International Journal of Pharmaceutical and Clinical Research*. 2016; 8(8):1254-9.
15. Zare Z, Balouchi A, Shahdadi H, Banaadani E. The Effect of Honey on Relieving Coughs in Elderly Patients Diagnosed with Chronic Obstructive Pulmonary Disease: A Clinical Trial. *International Journal of Pharmaceutical and Clinical Research*. 2016; 8(8):1218-21.
16. Fatemeh Darban¹, Abbas Balouchi², Abdullreza Narouipour³, Enayatollah Safarzaei⁴, Hosein Shahdadi⁵. Effect of Communication Skills Training on the Burnout of Nurses: A Cross-Sectional Study. *Journal of Clinical and Diagnostic Research*. 2016 Apr, Vol-10(4): IC01-IC04.
17. Abbas Balouchi¹, Hosien Shahdadi², Esra AlKhasawneh³, Abdolghani Abdollahimohammad², Mohammadreza Firouzkouhi², Hamed Sarani⁴, Afsaneh Gorgij⁵. Rural Women's Awareness about Breast Cancer in Southeastern Iran: a Cross-Sectional Study. *Asian Pacific Journal of Cancer Prevention*, Vol 17, 2016.
18. Rahnema, M.a, Shahdadi, H.a , Bagheri, S.b, Moghadam, M.P.A, Absalan, A.A. The relationship between anxiety and coping strategies in family caregivers of patients with Trauma. *Journal of Clinical and Diagnostic Research*; Volume 11, Issue 4, 1 April 2017, Pages IC06-IC09.
19. H Shahdadi, A Balouchi. Comparison of two interventions of increased blood flow rate and high-flux filters on hemodialysis adequacy and complications; a quasi-experimental study. *Journal of Renal Injury Prevention*. 2017.
20. MJ Highlight, H Shahdadi, A Abdollahimohammad, MP Moghadam. The Effect of Low-Flux and High-Flux Filters on Adequacy and Complications during Hemodialysis of Patients. *Der Pharmacia Lettre*, 2016. 8(19), pp. 395-399
21. Haghghi, M.J., Shahdadi, H., Moghadam, M.P., Balouchi, A. The impact of evidence-based practices on postoperative pain in patients undergoing gastrointestinal surgery in Amiralmomenin hospital in Zabol during 2014-2015. *Journal of Clinical and Diagnostic Research*, 2015 10(7), pp. IC01-IC04.
22. Balouchi, A, Mahmoudirad, G., Hastings-Tolsma, M., (...), Shahdadi, H., Abdollahimohammad, A. Knowledge, attitude and use of complementary and alternative medicine among nurses: A systematic review. *Complementary Therapies in Clinical Practice*, 2018.31, pp. 146-157.
23. Shahdadi, H., Balouchi, A., Haghghi, M.J. Comparison of two interventions of increased blood flow rate and high-flux filters on hemodialysis adequacy and complications; a quasi-experimental study. *Journal of Renal Injury Prevention*, 2017. 6(4), pp. 247-252.
24. Sanchuli, H.N., Rahnema, M., Shahdadi, H., Moghadam, M.P. From love and fidelity to infidelity- individual experiences of women with breast cancer regarding relationships with their spouses. *Asian Pacific Journal of Cancer Prevention*, 2017. 18(10), pp. 2861-2866.
25. Shahdadi, H., Aminifard, M., Balouchi, A., Rafiemanesh, H., Allahyari, J. Frequency of cataract in Iran: A meta-analysis and systematic review. *Middle East African Journal of Ophthalmology*, 2018. 25(1), pp. 40-46.

26. Shahdadi, H., Barati, F., Bahador, R.S., Eteghadi, A. Clinical applications of saffron (*Crocus sativus*) and its constituents: A literature review. *Der Pharmacia Lettre*, 2016. 8(19), pp. 205-209.
27. Shahdadi, H., Balouchi, A., Shaykh, A. The effect of vitamin d and calcium supplement on hba1c and blood pressure in patients with type 2 diabetes: A quasi-experimental study. *ActaMedicaMediterranea*, 2017(6), pp. 991-996.

Conferences

1. Shahdadi H, Badakhsh M, Mazloom R, Haydari A. The effect of semi-upright position on the complications of hemodialysis. *Nursing Congress of transplantation and dialysis*; Mashhad.2007.
2. Shahdadi H, Shahraki A. Examine ways to deal with stress in college students *Nursing and Midwifery in Zabol. Fourth Seminar on mental health*; Shiraz.2008.
3. Shahdadi H, Badakhsh M. Prayer and its role in physical and mental health. *Congress of health from the perspective of Islam*; Zahedan.2008.
4. Shahdadi H, Badakhsh M, Mohammadi H, Bandani E. The effect of cinnamon on blood sugar levels, diabetic patients, *Congress diabetes nurse*; Zabol.2010.
5. Poodinehmoghdam M, Shahdadi H, Ildarabadi E. The effect of instructing concept mapping on learning of nursing students in the clinical setting. *The first National Conference on Science Teaching methods*; Bojnord.2013.
6. Poodinehmoghdam M, Shahdadi H, Ildarabadi E. Effectiveness of evidence-based Practices on critical thinking of nursing students *Sixteenth National Congress on Medical Education*; Tehran.2015.
7. Pakmehr M, Shahdadi H, Rashki A, Balouchi A. A comparative study of dimethicone and supermint anti-flatulence effects on reducing flatulence in patients with irritable bowel syndrome. *The 16th National and 6th International Research Congress of Iranian Medical Sciences Students*; Zanjan.2015.
8. Shaermoghadam s, Shahdadi H, Hodki R. The Effect Of slow Stroke Backmassage on Fatigue in Patients Undergoing hemodialysis: A randomized clinical Trial. *The 16th National and 6th International Research Congress of Iranian Medical Sciences Students*; Zanjan.2015.
9. Balouchi A, Shahdadi H, Baraheie M, Shahakzahi A . The effect of vascular access techniques and factors related to the adequacy of dialysis. *The 16th National and 6th International Research Congress of Iranian Medical Sciences Students*; Zanjan.2015.
10. Shahdadi H, Hodki R, Shaermoghadams. The effect of a water aerobic training on fatigue and ability to perform activities of daily living in patients with multiple sclerosis . *The 12th National Research Congress of MS*; Mazanaran.2015.
11. Shahdadi H, Hodki R, Masenaienegad N, Absalan A. The prevalence of obesity and its related demographic factors in women referred to health center of the city of Zabol . *The 6th National Student Research Congress*; Shahrud.2015.